RAISING ROCHDALE

ROCHDALE BOROUGH COUNCIL

Sleep Support Drop-In Sessions at Family Hubs

Is your child or young person experiencing mild to moderate sleep difficulties?

Come along to our informal drop-in for friendly advice, practical tips and support.

No appointment needed

Open to all families

Relaxed, welcoming space

Hub	Date	Time
Howard St Family Hub OL12 OPP	Mon 20th April	9.30am-11.30am
Langley Family Hub M24 4LA	Wed 22nd April	12pm-2pm
Derby St Family Hub OL10 4QJ	Thurs 23rd April	9.30am-11.30am
Newbold Family Hub OL16 5NL	Fri 24th April	9.30am-11.30am

If you have any questions, please contact the SEND Advice Service on 0300 303 0380